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Admirals 2022

West Austin News

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OFF TO CAMP

... FOR CHILDREN OF THE CHURCH AT HIGHLAND PARK

Katie McCann

Courtney and Bell Morton, Katalina Neas, Katie McCann, Abby Bird, Chuck Morton, Jim Nuckols, Silas Prasek, Brady Shelton, Cheryl Kimble

Masyn and Milly Evans-Clements, Katie McCann, Katalina Neas, Bell Morton

Brady Shelton, Chuck Morton, Silas Prasek

Chuck Morton, Silas Prasek, Cheryl Kimble

Jim Nuckols and Don Dillard

Kimberly McCann, Don and Becky Dillard, Abby Bird, Silas Prasek

Children and adults of The Church at Highland Park spent a week at Disciples Crossing Camp in Athens, Texas, recently, at a week-long camp sponsored by Southwest Baptist Youth Camping Association. Also attending were campers and sponsors from First Baptist Church, where First Baptist's senior pastor Griff Martin served as camp pastor.

"Our camping association has been together more than 50 years," said Highland Park pastor Cheryl Kimble, "and going to camp with the kids each summer is fun and rewarding. I love to spend time with these kids." Kimble served as children's minister at Highland Park before becoming pastor in 2012.

Campers from The Church at Highland Park were Bell Morton, Katalina Neas, Katie McCann, Silas Prasek, Chuck Morton, and Brady Shelton. Adult sponsors were Kimble, Jim Nuckols, Courtney Morton, and Abby Bird.

Bell and Katalina, both sixth graders, were able to attend both children's camp and youth camp this year. And Bell's mom, sponsor Courtney Morton nee Shelton, attended children's camp with Highland Park during her own time in elementary school.

Other member churches of the Southwest Baptist Youth Camping Association include Broadway Baptist in Fort Worth, Church for the Highlands in Shreveport, Royal Lane Baptist in Dallas, Second Baptist in Lubbock, University Baptist churches of Harker Heights and Austin and Waco, and Woodland Baptist Church in San Antonio.

PHOTOS AND ARTICLE BY ALANA MOEHRING MALLARD

Troop 1 Scouts work to earn the James M. Stewart Good Citizenship Award

Troop 1 scouts at Fault Line Flyers Glider Club

Members of BSA Troop 1, chartered by Austin's First Presbyterian Church, spent a recent Saturday at the Fault Line Flyers Glider Club in Bertram to wash planes as a service project to honor the late actor and pilot Jimmy Stewart. Troop 1 was joined by Gus Garcia and his son, Jayden, from Austin Cub Scout Pack 34. The service project fulfills one of the requirements to earn the BSA James M. Stewart Good Citizenship Award offered through the Jimmy Stewart Museum in Indiana, Pennsylvania.

Stewart was a licensed civilian pilot prior to World War II and flew B-24 bombers during the war. Troop 1's service project honored Stewart's military service in the Army Air Corps and his legacy as a licensed pilot.

Troop 1 scoutmaster Paul Slutes is a licensed glider pilot and member of Fault Line Flyers Glider Club, a not-for-profit soaring club that helps people earn their glider pilot's licenses. Many of the club's instructors are retired and current military and commercial pilots who donate their time to those who want to learn how to fly gliders.

Front: Josh Beckham, William Beckham, Evan Faigley, Tristen Slutes, Anthony Carlos, Morgan Jones, Jayden Garcia, Paul Slutes, Gus Garcia; back: Tom Bizzell, David Jones, Garth Faigley

PHOTOS COURTESY OF TROOP 1

Slutes arranged for Troop 1 scouts to wash several planes stored in the semi-open hangars, a chore that must be conducted routinely to maintain visibility in the cockpit and to remove bugs and grime from mechanisms that control the flaps and rudder.

"It felt really good to give back to this organization that helps so many people who want to learn to fly," Slutes said.

Besides a service project honoring Jimmy Stewart, the James M. Stewart Good Citizenship award requires that scouts complete study materials including a quiz, make posters and flyers, submit a project summary with photos, and write a personal essay on citizenship. And watching It's a Wonderful Life or Mr. Smith Goes to Washington is a bonus to learn more about Jimmy Stewart's work.

Troop 1 meets Tuesday nights at 7 p.m. at First Presbyterian Church, 8001 Mesa Drive. Contact Slutes for troop information at paulslutes@msn.com.

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WESTSIDE STORIES

Morgan, Leslie, Mark and Taylor Newberry

Mark Newberry

BY FORREST PREECE

It's only fitting that Tarrytown Pharmacy opened its doors on Dec. 6, 1941, the day before Pearl Harbor. It's been a part of West Austin history ever since.

In the store's original location in Tarrytown Center that faced Windsor Road, its soda fountain served for decades as a hangout for teenagers and older folks alike. And the store has always had a spirit of community happiness about it, which was retained when they moved across the parking lot.

On that occasion, the late Lynn Remadna dressed up in her clown suit to celebrate the opening. One time, she told me that there was a group of older men known as the Coffee Klatch in the old store. "It was kind of hard for them to move across the parking lot—the only place left to sit in the 'new' store was that church pew by the copier!" Brian Newberry, the store's owner back in 2003, said, when I interviewed him, "We thought the church pew was appropriate because the old guys spent a lot of time preaching to each other." In 2010, the store moved to Casis Village, expanding their floor space by 40%, so they could offer more in the way of household goods, gifts, greeting cards, and casual clothing. They also opened a compounding lab.

A few days ago, I talked with Brian's son Mark, who is part of the third generation of Newberrys running the pharmacy. What he and Tarrytown Pharmacy have been through in the last two-and-a-half years is a story that has played out all over town. Their remarkable job of navigating those choppy waters deserves a telling; and Mark shared his experiences in detail with me.

When the enormity of the pandemic became apparent in early 2020, Mark and his management staff had to do a hard pivot. "The fact is, just because there is a pandemic happening, our 5000 patients throughout West and Central Austin still need their medications, whether it's for diabetes, blood pressure or cancer." They knew that they would have to show up for work no matter what. But the question was, how to balance the safety of their employees and customers with this need. They basically shut down the front end of the store for a couple of months, enforced masking, and had plenty of hand sanitizer out for use.

Mark knew that they had the systems and personnel in place so that they could be effective, if and when a vaccine was developed, and when tests for COVID became available, they would be able to administer them. He says that if there is an opportunity, his philosophy is to throw darts at it and see what sticks. It's a philosophy he says encourages himself and his employees to not be afraid to fail. "Not every idea is a great one, but if only one is, and it helps people, then that's a win."

It speaks volumes that after the Texas Health Department got its arms around the vaccine situation and realized that they needed to immunize the Intellectual and Developmental Disabilities (IDD) population housed in state-operated facilities, they reached out to Mark and his staff at Tarrytown to implement administering the doses.

To say this was crunch time is an understatement. Within ten days, they had to hire 25 people, purchase mobile IT equipment, rent four 20-person passenger vans, and purchase generators, in order to start giving out doses of vaccines at 20 sites all across Texas. Mark says that he had his people working on their feet for grueling stretches – in rain and heat. They did not get much relief or down time. "Just because the temperature was 107 degrees in Paris, Texas, we had to continue with it non-stop, because we had to staff the Beaumont site the next day." Mark says that there was nothing easy about this situation for the people who were making it happen. It was a common thing for workers who were strangers to each other to be sleeping doubled up in small-town motel rooms.

Because they were such a success with this part of the program, the state hired Tarrytown to take care of the Special Olympics participants and the Texas School for the Deaf clients as well. "It was all a matter of logistics and planning," Mark says. The bottom line is that they have now administered 25,000 doses of vaccine throughout the state and another 25,000 within the four walls of Tarrytown Pharmacy. Mark also says he believes Tarrytown was able to set up one of the most efficient and service-oriented COVID testing centers in the entire country. According to Mark, this process of administering shots has been a big boost for the pharmacy profession as a whole. By far the pharmacies have given the most shots across the country and there is public recognition of this fact.

Mark is optimistic about the outlook for the store. He is quick to point out that Tarrytown itself is a unique neighborhood and that there are not that many inner city areas in the country with such a sense of tradition and cohesiveness, which makes it a blessing for their operation. People in his loyal customer base know that they can come to Mark or one of the other pharmacists at the store and get a 15-minute explanation about the benefits of Tylenol or their prescribed medicines or any other drug. "There will always be a market for service. Big box chains and grocery stores don't focus on service, but we do." Also, when an independent store like his is faced with a stressful situation like a pandemic, they can make decisions about how to proceed quickly and adapt.

The Newberry family is happy about the future as well. Mark and his wife Leslie have twin 10-year-old daughters, Morgan and Taylor, who attend Casis Elementary and play a lot of sports -- volleyball, basketball, softball, swimming, gymnastics, and even some golf – and Mark coaches all of their sports. He is also the president of West Austin Youth Association, after serving on the board for four years, and takes pride in what that organization does for youngsters who want to stay active in positive ways. He loves coaching kids.

To relax, they spend time in Vail, close to where his career started, before his dad, Brian, passed away in 2006, and Mark had to come back to run the store. They enjoy unwinding up there – skiing, playing some golf and tennis, hiking, fishing, or just relaxing on their deck and reading books.

His wife sometimes teases him about how he has resided in a bubble his whole life – he grew up on Windsor Road, lived on Winsted in college, later had a house on Forest Trail, and now they are on Stamford; and he works on Exposition. But he wouldn't have it any other way. In the eulogy at his dad's funeral, Brian was quoted as saying that he felt he had been fortunate to have lived out his life in the greatest country on earth, the greatest state in that country, the greatest city in the state, and the best neighborhood in that city. Mark believes that Tarrytown is a very special place.

It has been rewarding for Mark to be able to be part of a nice institution and be able to take care of his friends, his friends' parents, and everyone else in the community. Brian used to say, and Mark agrees, "Running this store is like being at happy hour without a drink."

MARK NEWBERRY'S HONORS, PROFESSIONAL AND CIVIC ACTIVITIES

- ▲ Graduated from the University of Texas College of Pharmacy with a PharmD degree in 2003.
- ▲ Opened Tarrytown Expocare in 2007, a long-term care pharmacy that is currently licensed in Texas, Arizona, Illinois, Iowa, Kentucky, New Mexico, Ohio, Oklahoma, Tennessee, and Virginia.
- ▲ Under Mark's leadership, in 2008 McKesson Drug Company recognized Tarrytown Pharmacy with the "South Region Pharmacy of the Year" award for its commitment to patients and community service, the first and only pharmacy in Texas to receive that honor.
- ▲ Served on the admissions committee for the UT College of Pharmacy from 2005-2010.
- ▲ Served on Dean's Advisory Council for the UT College of Pharmacy and in 2013 was its chair. --Received the Distinguished Young Alumnus Award from the University of Texas College of Pharmacy in 2013.
- ▲ Cardinal Regional Advisory Board
- ▲ President of The Alliance of Independent Pharmacists.
- ▲ Board service on Stephen F. Austin Society and the SFA Athletic Excellence Fund
- ▲ Current president of West Austin Youth Association.

A 1985 photo of Mark with his dad Brian in Tarrytown Pharmacy.

MEMORIES OF TARRYTOWN PHARMACY

▲ When we were supposed to be in Sunday School at Good Shepherd we would go to the fountain and order sodas! Strawberry or chocolate were my favorite. Back in the day there was nothing like Favor or Eat Out In, but you could order from the fountain and get delivery — usually a hamburger or club sandwich. It was the same car that delivered prescriptions. We would spend our allowances usually on candy, bubble gum or fireballs but I had an obsession with cartridge fountain pens and peacock blue ink. So I would save my money for these. On another note, this was at the location next to Scott Broaddus Gulf station where LeRoy worked … now Beer Plant. They would vacuum your car and check under the hood while you were filling up. Gas was $.25/gallon when I started driving in 1963. You could get a full tank for $5.

— Lolla Page

▲ The original Tarrytown Pharmacy had a wonderful soda fountain with 25-cent hamburgers. Cheeseburgers were 35 cents. It was a fun, safe gathering place for kids and Mr. Newberry was always so nice. Mama told me to stop hanging out at Tarrytown Pharmacy, or I'd be known as a "Drugstore Cowboy!" The Holiday House arrived, and we soon began gathering at "The Hod," and made prank calls having fake people paged there.

— Susan Bergstrom

▲ A whole bunch of us from O. Henry would meet there often. Tarrytown Pharmacy was welcoming and familiar, and we treated it like a living room. My strongest memories are of summer. Dashing from the hot sidewalk and straight into a blast of arctic air — with just enough change to get a fabulous cherry Coke!

— Helen Sneed

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Toast of the Town

Peter Bay – Mela Sarajane Daily

Power couple headline fundraiser

On Tuesday, May 31st, the St. David's Foundation's intrepid team dreamed up yet another wonderfully unique event as part of the Foundation's annual Toast of the Town Fundraiser series. The intimate party, dubbed "An Orchestrated Evening with Peter Bay at Franklin," was limited to only 40 guests and hosted at the famously-delicious Franklin Barbecue.

The casual event featured the once-in-a-lifetime opportunity to mingle with celebrity power couple **Peter Bay** and **Mela Sarajane Dailey** while enjoying some of the "best barbecue in the known universe." This year, Peter Bay is celebrating his 25th year as Music Director and Conductor of the Austin Symphony.

Meanwhile, Mela Sarajane Dailey is a Grammy-winning international vocal performer and a returning soloist with Austin Opera.

Chandra and **Chris Hosek, Mary Anne McMahon, Araminta** and **Tom Sellers, Mary Katherine** and **Stephen Stout,** and **Venus** and **Bill Strawn** teamed up to host the casual open-collar event. Funds from the fundraiser will go toward the St. David's Neal Kocurek Scholarship, one of the largest scholarship programs in Central Texas. Since the program's inception in 2005, more than 560 students have received the scholarships to study medicine, nursing, physical therapy, biomedical engineering and other health-related careers.

Peter Bay and Mela Sarajane Dailey

Vicky Favrot

Sam Alexander and Linda Asaf

Jeff Russell and Elizabeth Moorehead

Ashley Gomez, Peter Bay and Julian Huerta

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BENCHMARK BANK
YOUNG ENTREPRENEURS CORNER

Dear Friends,

Happy Summer from all of us at Benchmark Bank! We're back with the third issue of our Young Entrepreneurs Corner. This month, we are excited to highlight local entrepreneur Harper Stein, founder of Handmade Hearts Baking & Crafts.

Harper is an Austin native whose love for baking and crafting inspired her to start her own business from home! She now enjoys creating handmade baked desserts from scratch for customers, and encourages other young entrepreneurs to do what they love and have fun doing it.

We hope her story inspires your child to think creatively about what they love to do, and feel empowered to start a business of their own. Happy brainstorming, and we hope to see you soon!

Sincerely,
Your friends at Benchmark Bank

Brainstorm Business Ideas
FOR KIDS

Here are some questions to get your kid started thinking on their business, even if they have no business experience!

- What is your big idea?
- Who will your customers be?
- Why will people want to buy?
- How much will you charge?
- How will you get the word out?
- Where will you sell your products or services?

BONUS!

PROFIT = INCOME-EXPENSE
What will you do with your profit?

Have a business you'd like to share with us? We'd love to learn more about it! Tag us at

@BENCHMARKBANKATX

INTRODUCING FEATURED FOUNDER OF THE MONTH:

HARPER STEIN

FOUNDER OF
HANDMADE HEARTS BAKING & CRAFTS

@handmadehearts.atx

QUESTIONS & ANSWERS

Q: What made you want to start a business? Tell us the story ☺!
A: I wanted to make money, while still doing something that I love to do, like crafts and baking!

Q: Does your business have a name?
A: Yes. My business' name is Handmade Hearts, and my Instagram account is @handmadehearts.atx.

Q: How do you find your customers?
A: I find my customers through Instagram, family, and friends.

Q: What is the most challenging part of your business and how do you overcome this challenge?
A: The most challenging part of my business is having tight deadlines, but I am able to work quickly in order to make the orders in time and provide the best possible desserts for my customers.

Q: What advice do you have for other kids who want to start their own business?
A: Do what you love and have fun doing it!

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Power for Parkinson's Celebrates Parkinson's Awareness Month

Power for Parkinson's (PFP), a free Austin-based fitness program for people with Parkinson's Disease, hosted its first in-person social event in two years at the Northwest Rec Center on April 22nd. The event came on the tail end of Parkinson's Awareness Month and served to honor Parkinson's Awareness as well as to celebrate the recent reopening of PFP's in-person fitness and dance classes at eight locations around Austin.

At first, the PFP team worried about the event's logistics and even considered canceling, but good thing they didn't! With a great turnout, a delicious ice cream bar, fun games, and the opportunity to participate in the Parkinson Tulip Project, the event definitely exceeded expectations. Beyond the delicious food and fun festivities, the social was an opportunity for members of PFP's tight-knit community to reunite face-to-face after a long quarantine.

When the pandemic shut down in-person classes, the organization shifted its free offerings to a fully virtual platform on YouTube, introducing PFP to an ever-expanding global audience. Although PFP is excited at the growth of their virtual classes, as safety concerns begin to ease, the PFP team is thrilled to resume in-person classes in Central Texas and reunite with its local community.

"Exercise is transformative for people with Parkinson's. We see people make improvements and lessen their symptoms after just one class" said **Dr. Nina Mosier**, PFP's Executive Director, and Co-Founder.

Pam Capestany, Marilil Rychlik and PFP Executive Director and Co-Founder Nina Mosier

Farrel Rowe

Sondra Crowley

Loren Hahn

Bonnie Magers

Terri and David Dent

David Groves and PFP Executive Director and Co-Founder Nina Mosier

Julie Friedberg, Nina Mosier and Zoe Friedberg

PFP Lead Instructor Lauren Lewis and Margo Sack

Mark and Polly Caprio

1. Terri and David Dent
2. David Groves and PFP Executive Director and Co-Founder Nina Mosier
3. Loren Hahn
4. PFP Lead Instructor Lauren Lewis and Margo Sack
5. Mark and Polly Caprio
6. Pam Capestany and Marilil Rychlik and PFP Executive Director and Co-Founder Nina Mosier
7. Farrel Rowe
8. Sondra Crowley
9. Julie Friedberg, Nina Mosier and Zoe Friedberg
10. Bonnie Magers